



Victorian Aboriginal Legal Service

State-wide Referrals

VAHS (Victorian Aboriginal Health Service)



238-250 Plenty Rd, Preston 3072. (03) 9403 3300

186 Nicholson St, Fitzroy 3065. (03) 9419 3000
The Hub, Showroom 15, 560-650 High St, Epping 3076. (03) 8592 3920

<https://www.vahs.org.au/>

A health service specifically designed for Aboriginal and Torres Strait Islanders, VAHS offers medical clinics, community programs, dental, family counselling, preventative health services, men's health and women's and children's health services.

VACCHO (Victorian Aboriginal Community Controlled Health Organisation)



17-23 Sackville St, Collingwood 3066
(03) 9411 9411



<https://vaccho.org.au/>

VACCHO supports over 25,000 Aboriginal people in Victoria and is a community controlled organisation. They have over 32 participating members across Victoria and offer educational, community and workplace development services, as well as health services.



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<p>Ngwala Willumbong Co-Op</p>  <p>NGWALA WILLUMBONG ABORIGINAL CORPORATION</p>	<p>93 Wellington St, St Kilda 3182 (03) 9510 3233 0447 496 175 https://www.ngwala.org.au/ An Aboriginal controlled organisation that offer programs in youth services, health services and homelessness. They also offer a family violence program, and operate state-wide.</p>
<p>Mullum Mullum Indigenous Gathering Place</p> <p>Mullum Mullum Indigenous Gathering Place</p>  <p>strengthening our community together</p>	<p>(03) 9725 2166 3 Croydon Way, Croydon 3136 47-49 Patterson St, Ringwood East 3135 https://mmigp.org.au/ MMIGP is a community controlled Aboriginal organisation based in the eastern suburbs of Melbourne. They offer a wide range of programs that helps connect Aboriginal people with their cultures and communities.</p>
<p>DirectLine</p> 	<p>Online/Phone Service Only 1800 888 236 https://www.directline.org.au/ Alcohol and drug counselling and referral service in Victoria. All correspondence is confidential and free.</p>
<p>Drummond Street Services</p>  <p>drummond street services Supporting All Families Since 188</p>	<p>Offices in Brimbank, Carlton, Coburg, Collingwood, Epping, Geelong, North Melbourne and Wyndham. (03) 9663 6733 https://ds.org.au/ Services include mental health, youth, child support and counselling, LGBTIQ+, and parenting groups</p>



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<p>Co-Health</p> 	<p>Offices in Melton, Travancore, Braybrook, Carlton, Melbourne, Collingwood, Flemington, Essendon, Fitzroy, Footscray, Strathmore, Kensington, Laverton, Niddrie, North Melbourne, Reservoir, St Albans and Sunshine. https://www.cohealth.org.au/</p> <p>Has an Aboriginal health team as part of their organisation, and they focus on all things related to health.</p>
<p>IPC Health</p> 	<p>(03) 9216 7777 for the Aboriginal Health Team https://www.ipchealth.com.au/aboriginal-health/</p> <p>The Aboriginal Health team at IPC Health supports Aboriginal and Torres Strait Islanders with access to a wide range of health and community services. Access to the Aboriginal Health Team is free, and if you are referred to another service within IPC, you will be prioritised.</p>
<p>Care Connect</p> 	<p>Online/Phone service only 1800 692 464</p> <p>An elderly health service that can assist the elders in our communities. They offer services that provide in home care, as well as nursing, and equipment and mobility aids.</p>
<p>Headspace</p> 	<p>https://headspace.org.au/</p> <p>Headspace operates all over Victoria and is a mental health foundation for youth aged 12-25. The service is free, and Headspace have offices all over Victoria, making it as easy as possible for young people to access.</p>



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Yarns Heal



<https://www.yarnsheal.com.au/>

Yarns Heal is a mental health campaign to help the LGBTIQ+ community within the Aboriginal and Torres Strait Islander community.

Strong Brother Strong Sister



<https://www.strongbrotherstrongsister.com/>

Based in Melbourne, Geelong, and Maribyrnong. Strong Brother Strong Sister are a youth service that specialise in Aboriginal and Torres Strait Islander youth in Victoria. They offer multiple wellbeing and mentoring programs.

Dardi Munwurro



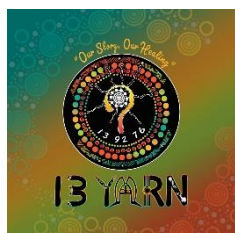
1800 435 799

558 High St, Preston 3072

<https://www.dardimunwurro.com.au/>

Dardi Munwurro offers multiple programs that assist with health and wellbeing in the Aboriginal and Torres Strait Islander community. Programs include drug and alcohol programs, housing, youth, men's healing and behaviour programs, prison programs and more.

13YARN



13YARN (13 92 76)



www.13yarn.org.au

13YARN is a lifeline support service that is a purpose built 24/7 free call, crisis support line run by and for Aboriginal and Torres Strait Islander people. 13YARN is open to any age for anyone who is in need of help.



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<p>Wulumeri Aboriginal and Torres Strait Islander Sexual Health Unit</p> 	<p>580 Swanston St, Carlton 3053 (03) 9341 6200 https://bilang.nh.org.au/service/wulumeri-sexual-health-unit/</p> <p>The Wulumeri Aboriginal and Torres Strait Islander Sexual Health Unit is a part of the Melbourne Sexual Health Centre. It is an Aboriginal focused unit of the centre, and is a free service.</p>
<p>Black Rainbow</p> 	<p>https://blackrainbow.org.au/</p> <p>Based in Darwin, Black Rainbow run programs around the country for Aboriginal and Torres Strait Islander communities who are also part of the LGBTIQ+ community. Mental health and connectivity are a big focus for the organisation.</p>
<p>First Nations Rainbow</p> 	<p>https://www.facebook.com/firstnationsrainbow/</p> <p>A social media-based service that is based in NSW, but offers services in Victoria as well. First Nations Rainbow offer mental health support to LGBTIQ+ youth within the Aboriginal and Torres Strait Islander community.</p>
<p>Koori Pride Victoria</p> 	<p>https://www.kooriepridevic.org.au/</p> <p>An online service for the LGBTIQ+ community, specifically Aboriginal and Torres Strait Islanders. Mental health programs and they also run events state-wide.</p>



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<p>Rainbow Door</p> 	<p>1800 729 367 or text 0480 017 246 https://www.rainbowdoor.org.au/ Rainbow Door is a free specialist LGBTIQ+ helpline that provides information, support, and referral to all Victorians.</p>
<p>LGBTIQ+ Rural and Regional Program</p> 	<p>https://engage.vic.gov.au/lgbtiq A Government website that engages the LGBTIQ+ community in rural areas of Victoria that may not have the support networks around them to assist them.</p>
<p>Djirra</p> 	<p>1800 105 303 or each office can be called directly. https://djirra.org.au/ Djirra are focused on family violence and assisting those who have experienced this in the past or present day. They are an Aboriginal organisation, and offer workshops, women's groups, and legal advice. Offices in Melbourne, Ballarat, Warrnambool, Bendigo, Echuca, Bairnsdale, Morwell and Mildura.</p>
<p>Yappera Children's Services</p> 	<p>(03) 9416 8787 2B Watt St, Thornbury 3071 https://yappera.com.au/ Yappera is a gathering, learning and wellbeing space for Aboriginal children and their families, parents, carers and community in Melbourne. They offer a range of culturally grounded and holistic health and education programs.</p>
<p>Elizabeth Morgan House</p>	<p>1800 015 188 or (03) 9403 9400 PO Box 167 Fairfield 3078 https://www.emhaws.org.au/ Elizabeth Morgan House provide refuge housing and specialist family violence services to Aboriginal Women and their children. They operate state-wide and are a free service.</p>



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 <p>ELIZABETH MORGAN HOUSE ABORIGINAL WOMEN'S SERVICE INC</p>	
<p>Mackillop Family Services</p> 	<p>(03) 9699 9177 or call each office directly 237 Cecil St, South Melbourne 3205 https://www.mackillop.org.au/ Mackillop provide services such as out of home care, disability, youth support, education, family support and heritage and information. Other offices include Bendigo, Broadmeadows, Caulfield North, Dandenong, Footscray, Forest Hill, Geelong, Hamilton, Maidstone, Melton, Mildura, Preston, Swan Hill, Wangaratta, Warrnambool and Wodonga.</p>
<p>The Smith Family</p> 	<p>1300 326 459 Level 7, 50 Queen St, Melbourne 3000 https://www.thesmithfamily.com.au/ An Independent children's charity that helps disadvantaged Australian children to get the most out of their education, so they can create a better future for themselves. The Smith Family have multiple Aboriginal and Torres Strait Islander programs.</p>
<p>Aboriginal Housing Victoria</p> 	<p>(03) 9403 2100 Narrandjeri House: 125-127 Scotchmer St, Fitzroy North 3068. https://www.ahvic.org.au/ AHV is an Aboriginal community organisation that manages rental properties for Aboriginal and Torres Strait Islanders in Victoria.</p>
<p>VACSAL</p>	<p>(03) 9416 4266</p>



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 <p>VACSAL</p>	<p>496 High St, Northcote 3070 http://www.vacsal.org.au/ A state-wide agency that works with community development in the Aboriginal and Torres Strait Islander community. Homeless outreach and their APRAP programs are two programs that could assist our communities.</p>
<p>Aboriginal Advancement League</p> 	<p>(03) 9480 7777 2 Watt St, Thornbury 3071 https://www.aal.org.au/ The AAL have been running programs and initiatives for Aboriginal people for decades. Their services can be offered state wide, and they offer things such as housing, workforce assistance, and in home care.</p>
<p>Aboriginal Hostels</p> 	<p>SMS: 0423 677 767 or call: 133 677 https://ahl.gov.au/ A Government branch that assists Aboriginal and Torres Strait Islanders housing and support services. Their hostels are safe and affordable, and also offer 3 meals per day during your stay.</p>
<p>Vincent Care</p> 	<p>1800 825 955 https://vincentcare.org.au/ A Charity organisation that specialise in emergency housing, drug and alcohol rehabilitation, and family and domestic violence.</p>
<p>Kara House</p>	<p>1800 900 520 P.O Box 308, Burwood 3125 https://karahouse.org.au/ Kara house is a specialist family violence service that provides safe and secure housing and outreach services to women and children escaping family violence.</p>



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 <p>Kara House</p>	
<p>Women's Housing Ltd</p>  <p>Women's Housing Ltd.</p>	<p>(03) 9412 6868 Suite 1, Level 1, 21 Cremorne St, Cremorne 3121 https://womenshousing.com.au/ WHL is a state wide service that provides low cost housing to women at risk of homelessness.</p>
<p>iBobbly Phone App</p>  <p>iBobbly <i>An app for mob by mob Helping keep our spirit and mind strong</i></p>	<p>iBobbly is a phone app that is designed for Aboriginal and Torres Strait Islanders aged 15 years or older. Its aim is to help people that are feeling sad and down and might be having thoughts of hurting themselves. It is free and can be found in the Play Store for Android users, or the Apple Store.</p>
<p>Thirrili</p> 	<p>1800 805 801 https://thirrili.com.au/ Thirrili provides emotional and practical support to families impacted by a loss from suicide or other fatal traumatic incidents. Thirrili will locate the most suitable person to help the family and meet their needs. They work with local Elders, community and Aboriginal and/or Torres Strait Islander organisations.</p>
<p>Indigenous Business Australia</p> 	<p>1800 107 107 Level 10, 460 Bourke St, Melbourne 3000 https://iba.gov.au/ Indigenous Business Australia help Aboriginal and Torres Strait Islander people who want to own their own future. IBA invests in people, places and ideas to help the Aboriginal community become more independent. They help with small business idea and also help people own their first homes.</p>



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<p>Thorne Harbour Health</p>  <p>thorne harbour health*</p>	<p>(03) 9865 6700 200 Hoddle St, Abbotsford 3067 https://thorneharbour.org/ Thorn Harbour began as the Victorian AIDS Council, but have since broadened their services, and now offer many programs to help their clients, including programs for women, trans and gender diverse, mental health, alcohol and drug services, and family violence. They also have a strong focus on the Aboriginal and Torres Strait Islander community, with many supports available.</p>
<p>Wayss</p>  <p>wayss for everyone</p>	<p>(03) 9791 6111 (Homeless Support) 1800 627 727 (After hours homeless support) 1800 271 170 (Family violence support) 1800 015 188 (After hours family violence support) Wayss is a homeless support service, and also works in family violence support services. They have offices in Dandenong, Berwick, Pakenham, and Cranbourne, but they can offer service state-wide.</p>
<p>The Orange Door</p>  <p>the orange door</p>	<p>https://orangedoor.vic.gov.au/ The Orange Door is a free service for adults children and young people who are experiencing or have experienced family violence. They have an Aboriginal Practice Leader that works with local Aboriginal services and communities to meet the needs of clients.</p>
<p>Well Mob</p>  <p>WellMob Healing Our Way</p>	<p>https://wellmob.org.au/ Well Mob is an online resource for Aboriginal and Torres Strait Islander people, focusing on social, emotional and cultural wellbeing. They have a range of online resources that include audio, documents, websites and apps.</p>